























September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 Church Service 1-3:00 Sunday Dinner 3:00 Cards/Games 6:30 Movie 	2 Labor Day 8-10 Continental Breakfast 1-3 Holiday Meal 4:00 Movie	3 10:00 Tai Chi 10:00 Shopping 12:00 East Coast Custard 1:00 Route 66 Walkers 	4 10:00 Low Impact Exercise 12-1:00 Wellness Clinic 12:00 Bible Reading 1:00 Motions w/Melanie 3:00 Route 66 Walkers 6:30 5¢ Bingo	5 NFL - Official Start of Season 10:00 Meditation Class 11:00 Sing-Along 1:00 Shopping 6:30 Movie	6 10:00 Low Impact Exercise 10:00 Banking 11:00 East 55th on the Lake 6:30 5¢ Bingo	7 12:00 Protestant Svc 1:00 Movie Matinee 2:00 Cards/Games 6:30 Movie 
8 10:00 Church Service 1-3:00 Sunday Dinner 3:00 Cards/Games 6:30 Movie 	9 10:00 Prime Fitness with Pia 11:00 Coffee Coterie 1:00 10¢ Bingo 3:00 Route 66 Walkers 6:30 5¢ Bingo 	10 10:00 Tai Chi 11:00 Nautica Queen 1:00 Route 66 Walkers 	11 9/11 Remembrance Day 10:00 Low Impact Exercise 12-1:00 Wellness Clinic 12:00 Bible Reading 1:00 Motions w/Melanie 3:00 Route 66 Walkers 6:30 5¢ Bingo 	12 10:00 Low Impact Exercise 10:00 Shopping-Mayfield Rd 11:00 Sing-Along 1:00 Shopping – SOM Center & Mayfield Library 6:30 Movie 	13 10:00 Low Impact Exercise 10:00 Banking 11:00 Men's Outing: Slyman's 6:30 5¢ Bingo	14 1:00 Movie Matinee 200 Cards/Games 6:30 Movie 
15 10:00 Church Service 1-3:00 Sunday Dinner 3:00 Cards/Games 6:30 Movie 	16 10:00 Drum Class with Pia 11:00 Coffee Coterie 12:00 Paparazzi Jewelry 1:00 10¢ Bingo 3:00 Route 66 Walkers 6:30 5¢ Bingo 	17 10:00 Brain Aerobics 10:00 Shopping 1:00 Birthday Bash w/ Michael Goldstein 	18 10:00 Low Impact Exercise 12-1:00 Wellness Clinic 12:00 Bible Reading 1:00 Motions w/Melanie 3:00 Route 66 Walkers 6:30 5¢ Bingo 	19 10:00 Meditation Class 10:45 MH Golden Age Club 1:00 Holly's Hearing 11:00 Sing-Along 1:00 Shopping 6:30 Movie	20 10:00 Low Impact Exercise 10:00 Banking 3:00 Happy Hour 6:30 5¢ Bingo	21 12:00 Protestant Svc 1:00 Movie Matinee 200 Cards/Games 6:30 Movie 
22 10:00 Church Service 1-3:00 Sunday Dinner 3:00 Cards/Games 6:30 Movie 	23 AUTUMN STARTS TODAY 10:00 Prime Fitness with Pia 11:00 Coffee Coterie 1:00 Prize Bingo 3:00 Route 66 Walkers 6:30 5¢ Bingo 	24 10:00 Shopping 12:00 Craft: Indoor Plants w/Sherry 12:00 Casino 1:30 Brain Aerobics 	25 10:00 Low Impact Exercise 12-1:00 Wellness Clinic 12:00 Bible Reading 1:00 Motions w/Melanie 3:00 Route 66 Walkers 6:30 5¢ Bingo 	26 10:00 Low Impact Exercise 11:00 Sing-Along 11:30 Cookies with Love 1:00 Shopping 6:30 Movie 	27 10:00 Low Impact Exercise 10:00 Banking 11:00 Flat Iron Restaurant 2:00 Catholic Mass 6:30 5¢ Bingo	28 1:00 Movie Matinee 2:00 Cards/Games 6:30 Movie 
29 Rosh Hashanah Begins NO Church Service 1-3:00 Sunday Dinner 3:00 Cards/Games 6:30 Movie 	30 10:00 Drum Class w/ Pia 11:00 Coffee Coterie 1:00 10¢ Bingo 3:00 Route 66 Walkers 6:30 5¢ Bingo 		NAT'L ASSISTED LIVING WEEK: SEPT 8-14 THEME: A SPARK OF CREATIVITY		National Bake & Decorate Month Atrial Fibrillation Awareness Month	